

# Eastern New Mexico MEDICAL GROUP

Cardiovascular Specialists– 624-3278








Fundador Adajar, MD

Heart, Vascular and Vein Specialists– 624-0400

Ashley Rivers, MD and Mary Burton, FNP-C

## Join us to celebrate Heart Month

### FEBRUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> 	<b>2</b>
<b>3</b> 	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b> 	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> 	<b>16</b>
<b>17</b> 	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 	<b>22</b>	<b>23</b>
<b>24</b> 	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>		

*For more information on any of the listed activities  
contact Brooke Linthicum at 624-8746.*



#### **February 1st All Day**

Go Red for Women Day! - Wear Red today to show your support.

#### **February 15th @ 11:30 am**

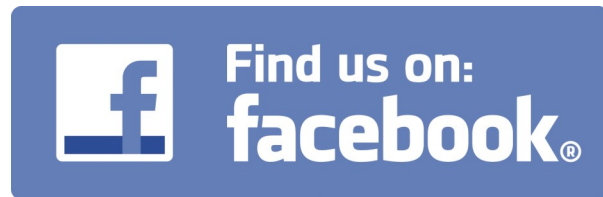
Health Sense: All about your Heart– Dr. Rivers and Sharla Tucker at ENMMC Senior Circle

#### **February 21st @ 7:15 am**

Interview with Dr. Rivers and Sharla Tucker on Mike Winters Morning Show-106.5 KEND

#### **Every Sunday in February**

Health Healthy Educational Article– Roswell Daily Record



*For additional Heart Healthy tips and videos check back on our Facebook page often for the month of February.*